



Group Spiritual Companionship

This group is for anyone* who sometimes feels isolated from others or sometimes from God. (That's perfectly okay. We're human!) Or perhaps you feel a strong connection with God and just want to *deepen* that bond. In either case—or, if you're somewhere in between—we invite you to experience community in the form of group spiritual companionship.

What is it: An opportunity to experience God in a small group setting. The facilitators will use words from scripture, or may use music or images, to invite you into contemplation and conversation with God. You may hear God directly *or* through the words or experiences expressed by *others* in the group. The focus is on growing our *experiential* knowledge of God rather than our *intellectual* knowledge.

What size is a “small group?” Ideally, a group is 6 people or less. We keep the group size small so there is an opportunity for all to share, if they wish.

How often will we meet, and for how long? We meet once a month for 60-90 minutes each time.

How will we meet, with the pandemic still going? We'll meet via Zoom or in-person (physically distanced, masks required). The form that accompanies this flyer will give you several options for gathering. Select as times many as your schedule allows and we'll settle on a time that is available for most.

Where will we meet? If you choose Zoom, we'll send out a Zoom invitation before each gathering. If you'd like to be in the in-person group, it will meet at WholeLife Church; the meeting room or outdoor space is TBD.

How do I sign up? Click [here](#), fill in the form and we'll be in touch.

Facilitators: Niesha Steinke and Paige Hinton. Both are trained spiritual companions, graduates of a 3-year program in spiritual companionship offered by Audire, the Central Florida Foundation for Spiritual Direction.

* 18 years or older